

## SUNDAY

### New Dominion Area

**10 - 11:05 AM** Riverside Recovery, James River Park, Pony Pasture entrance, Walk down trail. Left at third set of trash cans., 7200 Riverside Dr, Richmond, VA, 23225 (O,DISC,SMOK,F2F)

**1 - 2 PM** The Bridge, 18801 Patick Henry Highway, Amelia, VA, 23002 (O,LIT)

**5 - 6 PM** Find Your Tribe, Biltmore Baptist Church, Entrance on side of building, 1300 New York Avenue, Glen Allen, VA, 23060 (O,W,CC) *Womens meeting*.

**6 - 7 PM** Outside the Walls, St. Paul's Episcopal Church, 8050 St Paul's Church Rd, Hanover, VA, 23069 (O,DISC,WC &,PPE)

**6 - 7 PM** Sunday Hope, Hatcher Memorial Baptist Church, 2300 Dumbarton Rd, Richmond, VA, 23228 (O,DISC,WC &,F2F) *In need of experience, strength, and hope*

**7 - 8 PM** Atheists Recover Too, Hatcher Memorial Baptist Church, Second-floor chapel, 2300 Dumbarton Road, Richmond, VA, 23228 (O,VAR,WC &,Ag,F2F,LIT)

**7 - 8 PM** Living Clean, Manakin Episcopal Church, 985 Huguenot Trail, Midlothian, VA, 23113 (O,STEP,WC &,F2F)

**8 - 9 PM** It Works: How and Why, Hibbs Building, Room 303 (Third floor), 900 Park Ave, Richmond, VA, 23284 (O,VAR,NS,SAO,BUS)

### Richmond Area

**9 - 10:30 AM** Sunday Spiritual, The Healing Place (Men's Location), 700 Dinwiddie Avenue, Richmond, VA, 23224 (O,SPK,WC &,BUS)

**1 - 2:15 PM** Women's Rap, St. James Episcopal Church, 1205 West Franklin Street, Richmond, VA, 23220 (O,VAR,W,ENG,BUS)

**4:30 - 5:45 PM** Hold On Pain Ends (HOPE), Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,VAR)

**5:30 - 7 PM** Atmosphere of Recovery, St. Peter's Episcopal Church, Parish Hall Entrance - door to right of the main entrance by steps, 1719 N. 22nd Street, Richmond, VA, 23223 (O,VAR)

**7 - 8 PM** New Beginning, Central United Methodist Church, \*NO Loitering\*, 1213 Porter Street, Richmond, VA, 23224 (O,SPK,WC &,F2F,BUS,PPE)

### Tri-Cities Area

**4:30 - 5:30 PM** Surrender Now, 22 E WASHINGTON ST, Petersburg, VA, 23803 (O,VAR)

**7 - 8 PM** We Do Recover, Washington Street United Methodist Church, 22 East Washington Street, Petersburg, VA, 23803 (O,DISC,WC &,PPE)

## MONDAY

### New Dominion Area

**12:15 - 1:15 PM** Not High Noon, M3 Church, 3300 Old Courthouse Road, Richmond, VA, 23236 (O,VAR,WC &,F2F,SAO,NP)

**5:30 - 6:30 PM** Show Me How to Live, Parham Road Baptist Church, 2101 North Parham Road, Richmond, VA, 23229 (O,DISC,F2F,LIT) *In need of experience, strength, and hope*

**6 - 7 PM** Men of Narcotics Anonymous (MONA), Church of the Holy Comforter, Enter lodge through court yard., 4819 Monument Avenue, Richmond, VA, 23230 (O,M,WC &,F2F,LIT,BUS)

**7 - 8 PM** Gratitude, Bon Air United Methodist Church, New entrance! Use the Commons Sanctuary entrance., 1645 Buford Road, Richmond, VA, 23235 (O,DISC,F2F)

**7 - 8 PM** Just Steppin', Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (C,DISC,WC &,F2F)

**7 - 8 PM** Just for Today, Beulah Methodist Church, 6930 Hopkins Road, North Chesterfield, VA, 23234 (O,VAR,F2F)

## MONDAY (CONT)

**7:15 - 8:15 PM** Fan the Flame, Bryan Park, Shelter 1, 4308 Hermitage Rd, Richmond, Virginia, 23227 (O,LIT)

**8 - 9 PM** M.F.S., Gayton Road Christian Church, Clubhouse, 12050 Ridgefield Parkway, Richmond, VA, 23233 (O,DISC,WC &,F2F)

### Richmond Area

**7 - 8:15 AM** 7am Wake-Up, St. James Episcopal Church, Basement, 1205 W Franklin St, Richmond, VA, 23220 (DISC)

**9 - 10:15 AM** Keeping It Simple In The AM, Richmond, VA (O,BEG,DISC,VM,BUS)

**9 - 10:15 AM** Simple Basics, St. James Episcopal Church (Basement), 1205 West Franklin Street, Richmond, VA, 23220 (BEG,DISC,BUS)

**6:30 - 7:45 PM** Monday Reality, St. Phillips Episcopal Church, 2900 Hanes Avenue, Richmond, VA, 23222 (O,DISC,WC &,BUS)

**7:30 - 8:45 PM** Open Minds, Atlee Church, Meeting on parking lot side, 3121 Moss Side Avenue, Richmond, VA, 23222 (O,SPK,STEP,TRAD,WC &,BUS)

**8 - 9 PM** Long Haul, Unity of Richmond, Downstairs, 800 Blanton Avenue, Richmond, VA, 23221 (O,VAR,BUS)

### Tri-Cities Area

**NOON - 1 PM** Mid-Day Hope, 22 East Washington St, Petersburg, VA, 23803 (O,DISC,VAR,F2F)

**6 - 7:15 PM** Ultimate Weapon, Washington Street United Methodist Church, 22 East Washington Street, Petersburg, VA, 23803 (O,ENG,F2F,LIT)

**7 - 8 PM** Last Hope, West End Baptist Church, 6506 Boydton Plank Rd, Dinwiddie, Virginia, 23803 (O,DISC,WC &)

## TUESDAY

### New Dominion Area

**11:30 - 12:30 PM** Clean Today, Henrico Area Mental Health & Developmental Services, Room 119 - IN DIRE NEED OF TRUSTED SERVANTS, 3908 Nine Mile Road, Henrico, VA, 23223 (O,DISC,WC &,BUS)

**6 - 7 PM** Basic Text Recovery, Church of the Holy Comforter, Enter lodge through court yard., 4819 Monument Avenue, Richmond, VA, 23230 (C,BT,WC &,F2F,LIT)

**6:30 - 7:30 PM** Desire, Crista Community Church Fellowship Hall, 1012 W. Carolina Ave., Crewe, VA, 23930 (O,DISC,WC &)

**6:30 - 7:30 PM** Hanover Hope, Immanuel Episcopal Church, Located in Parish Hall, 3263 Old Church Rd, Mechanicsville, VA, 23111 (O,DISC)

**6:30 - 7:30 PM** Keeping the Faith, Manakin Episcopal Church, 985 Huguenot Trail, Midlothian, VA, 23113 (O,STEP,WC &,F2F)

**6:30 - 7:30 PM** Serenity of Farmville, Farmville Presbyterian Church, Childcare Available, 200 West Third Street, Farmville, VA, 23901 (O,DISC,W,F2F,CC)

**7 - 8 PM** Moment of Clarity, Tomahawk Baptist Church, Entrance on side of building, 12920 Hull Street Road, Midlothian, VA, 23112 (O,F2F,LIT)

**7 - 8 PM** No Strings Attached, Henrico Area Mental Health & Developmental Services, 10299 Woodman Road, Glen Allen, VA, 23260 (O,CH,VAR,WC &,F2F)

**7 - 8 PM** Veterans in Recovery, Hatcher Memorial Baptist Church, 1st floor group room, 2300 Dumbarton Road, Richmond, VA, 23228 (O,SPK,AB,F2F)

**7:30 - 8:30 PM** Keep Coming Back, Church of the Epiphany, Education Wing, Room 122., 11000 Smoketree Drive, North Chesterfield, VA, 23236 (O,VAR,Ti,WC &,F2F)

## TUESDAY (CONT)

**8 - 9 PM** Fan Club/Winners Circle, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,VAR,F2F,BUS)

### Richmond Area

**7 - 8:15 AM** 7am Wake-Up, St. James Episcopal Church, Basement, 1205 W Franklin St, Richmond, VA, 23220 (DISC)

**9 - 10:15 AM** Keeping It Simple In The AM, Richmond, VA (O,BEG,DISC,VM,BUS)

**9 - 10:15 AM** Simple Basics, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (BEG,DISC,BUS)

**NOON - 1:30 PM** Easy Pace/Stepping Out, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,BT,VAR,BUS)

**5:30 - 6:30 PM** For The Newcomer, Fourth Baptist Church, 2800 P Street, Richmond, Virginia, 23223 (O,BUS)

**5:30 - 7 PM** More Will Be Revealed, Richmond, Virginia (O,IW,VM,BUS)

**6:30 - 7:45 PM** Church Hill Group, Blessed Hope Baptist Church, 2311 Ford Avenue, Richmond, VA, 23223 (O,DISC,VAR,BUS,PPE)

### Tri-Cities Area

**6:30 - 7:30 PM** End of the Road, Ivey Memorial Congregational Methodist Church, 17120 Rte 1, Colonial Heights, VA, 23834 (O,WC &,F2F)

**7 - 8 PM** Why Are We Here?, 22 E Washington Street, Petersburg, VA, 23803 (O,VAR,F2F,PPE)

## WEDNESDAY

### New Dominion Area

**6 - 7 PM** A Simple Solution, Hanover Human Services Center, Room 154, behind building. Signs will be posted., 12304 Washington Highway, Ashland, VA, 23005 (O,CH,DISC,WC &,F2F,LIT)

**6 - 7 PM** NDANA Public Relations Subcommite - First Wednesday, Richmond, VA (VM)

**6:30 - 7:30 PM** Another Chance, Grace Episcopal Church, 2955 River Road West, Goochland, VA, 23063 (O,DISC,F2F)

**6:30 - 7:30 PM** Strength in Diversity, Diversity Richmond, Meets in the classroom, 1407 Sherwood Avenue, Richmond, VA, 23220 (O,GL,VAR,WC &,BUS)

**7 - 8 PM** Spiritual Sisters, Bon Air United Methodist Church, Please enter at the courtyard garden entrance. (Entrance #5), 1645 Buford Rd, Richmond, VA 23235, Richmond, VA, 23235 (O,DISC,W,SPAD) *Womens meeting*

**7 - 8 PM** Vision Without Limits, Shady Grove United Methodist Church, 4825 Pouncey Tract Road, Glen Allen, VA, 23059 (O,VAR,F2F)

**7 - 8 PM** Who Is An Addict?, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (O,WC &,LIT) *In need of experience, strength, and hope*

**7:30 - 8:30 PM** Simplicity, Redeemer Lutheran Church, Enter through 2nd floor doors, 9400 Redbridge Road, North Chesterfield, VA, 23236 (O,STEP,TRAD,WC &,F2F,PPE)

**8 - 9 PM** Survivors Group, St. Mark's Episcopal Church, In Basement, 520 N. Arthur Ashe Blvd., Richmond, VA, 23220 (O,DISC,F2F)

### Richmond Area

**7 - 8:15 AM** 7am Wake-Up, St. James Episcopal Church, Basement, 1205 W Franklin St, Richmond, VA, 23220 (DISC)

## WEDNESDAY (CONT)

**9 - 10:15 AM** Keeping It Simple In The AM, Richmond, VA (O,BEG,DISC,VM,BUS)

**9 - 10:15 AM** Simple Basics, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

**NOON - 1:15 PM** After The Drugs Are Gone, St. James Espicopal Church, 1205 West Franklin Street, Richmond, VA, 23220 (O,VAR,ENG,BUS)

**NOON - 1:15 PM** Growing In Recovery, Central United Methodist Church, \*NO Loitering\*, 1213 Porter Street, Richmond, Virginia, 23224 (O,VAR,BUS)

**3 - 4:15 PM** In Times Of Illness, St. James Episcopal Chu5rch, Basement Entrance, 1205 West Franklin Street, Richmond, Virginia, 23220 (CH,IL,OE,F2F)

**6 - 7 PM** Freedom Group, Central United Methodist Church, 1213 Porter Street, Richmond, VA, 23224 (O,DISC,WC &,RA,F2F,PPE,TEMP)

**7 - 8 PM** Never Alone - Virtual Meeting, Richmond, Virginia (O,DISC,WC &,VM,BUS)

**7 - 8:15 PM** R.A.W., Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,BT,DISC,IW,VAR,F2F,LIT,BUS)

**7:30 - 8:30 PM** Highland Park Group, Northside Outreach Center, 3080 Meadowbridge Road, Richmond, VA, 23222 (O,DISC,VAR,OE)

### Tri-Cities Area

**NOON - 1 PM** Mid-Day Hope, 22 East Washington St, Petersburg, VA, 23803 (O,DISC)

**6 - 7 PM** In the Solution, First Presbyterian Church (Basement), 1107 W. Broadway, Hopewell, Virginia, 23860 (O,DISC,WC &,F2F)

**7 - 8 PM** Clean and Serene, Wesley United Methodist Church, 3701 Conduit Road, Colonial Heights, Virginia, 23834 (F2F,PPE)

## THURSDAY

### New Dominion Area

**6 - 7 PM** On Our Way, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (O,DISC,WC &,LIT)

**6 - 7 PM** The Fellowship, Diversity Thrift, the classroom - Door 2, 1407 Sherwood Ave, Richmond, VA, 23220 (O,GL,VAR,WC &,LIT,BUS)

**6:30 - 7:30 PM** Serenity of Farmville, Farmville Presbyterian Church, 200 West Third Street, Farmville, VA, 23901 (O,DISC,F2F)

**7 - 8 PM** Miracles Happen, Biltmore Baptist Church, 1300 New York Avenue, Glen Allen, VA, 23060 (O,DISC,NS,F2F)

**7 - 8 PM** Start Living, Wright's Chapel United Methodist Church, Park in back. Enter through red double doors., 8063 Ladysmith Road, Ruther Glen, VA, 22546 (O,DISC,F2F)

**7:30 - 8:30 PM** High Hopes, Cool Spring Baptist Church, 9283 Atlee Station Road, Mechanicsville, VA, 23116 (O,DISC,F2F,PPE)

## THURSDAY (CONT)

**9 - 10:15 AM** Keeping It Simple In The AM, Richmond, VA (O,BEG,DISC,VM,BUS)

**9 - 10:15 AM** Simple Basics, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

**NOON - 1:30 PM** Easy Pace/Stepping Out, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,BT,DISC,VAR,BUS)

**6:30 - 7:45 PM** Positive Thinking, Ginter Park Presbyterian Church, 3601 Seminary Avenue, Richmond, Va, 23227 (O,DISC,WC &)

**6:30 - 8 PM** Shot of Hope, Trinity Baptist Church, Basement Door - enter through parking lot, 2811 Fendall Avenue, Richmond, Va, 23219 (O,IW,STEP,TRAD,CPT,BUS)

**8 - 9 PM** White Flag, Belmont United Methodist Church, 3510 Broad Rock Boulevard, Richmond, VA, 23234 (O,DISC,WC &)

### Tri-Cities Area

**NOON - 1 PM** Mid-Day Hope, 22 East Washington St, Petersburg, VA, 23803 (O,VAR)

**7 - 8 PM** We Do Recover, Washington Street United Methodist Church, 22 East Washington Street, Petersburg, VA, 23803 (O,WC &,LIT,PPE)

**7:30 - 8:30 PM** Together We Can, Chester Presbyterian Church, 3424 West Hundred Road, Chester, VA, 23831 (O,DISC,F2F)

## FRIDAY

### New Dominion Area

**6 - 7 PM** Back Door Group, Skipwith United Methodist Church, Go to the back door., 2211 Skipwith Road, Richmond, VA, 23294 (O,VAR,WC &,F2F)

**7 - 8 PM** Building Bridges, Mechanicsville United Methodist Church, 7356 Atlee Road, Mechanicsville, VA, 23111 (O,WC &,F2F,LIT)

**7 - 8 PM** Friday Night Alive, Bon Air Christian Church, 2071 Buford Rd, Richmond, VA, 23235 (O,CW,JFT,VAR,SPK,WC &,F2F) 2/6/2026  
No meeting tonight.

**7 - 8 PM** No Matter What, Hatcher Memorial Baptist Church, First floor, 2300 Dumbarton Road, Richmond, VA, 23228 (O,VAR,WC &,F2F)

**7 - 8 PM** We Do Recover in King William, Broadus Church - Hebron Campus, 3407 King William Road, Aylett, VA, 23009 (O) *In need of experience, strength, and hope*

**8 - 9 PM** Courthouse Freedom, Central Baptist Church, Annex building., 1500 Courthouse Road, North Chesterfield, VA, 23236 (O,DISC,F2F)

**8 - 9 PM** I Can't, We Can, Westminster Presbyterian Church, 4103 Monument Avenue, Richmond, VA, 23230 (O,DISC,F2F,BUS)

### Richmond Area

**7 - 8:15 AM** 7am Wake-Up, St. James Episcopal Church, Basement, 1205 W Franklin St, Richmond, VA, 23220 (DISC)

**9 - 10:15 AM** Keeping It Simple In The AM, Richmond, VA (O,BEG,DISC,SPK,VM,BUS)

**9 - 10:15 AM** Simple Basics, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

**6 - 7:30 PM** Clean and Serene, Central United Methodist Church, \*NO Loitering\*, 1213 Porter Street, Richmond, VA, 23224 (C,VAR,F2F,BUS)

## FRIDAY (CONT)

**6 - 7:15 PM** East End Men's Rap, Health Brigade Building, Enter building in the rear, meeting downstairs, 1010 North Thompson Street, Richmond, VA, 23230 (O,DISC,M,WC &)

**7:30 - 8:45 PM** Good Orderly Direction, St. Thomas' Episcopal Church (Enter through Parish Hall, on Walton Ave side), 3602 Hawthorne Avenue, Richmond, VA, 23222 (O,VAR)

**9 - 10:30 PM** Rainbow's End, Unity Church, 800 Blanton Avenue, Richmond, VA, 23220 (O,GL,VAR,BUS) VIRTUAL 1/29

### Tri-Cities Area

**6 - 7 PM** In the Solution, First Presbyterian Church (Basement), 1107 W. Broadway Hopewell, Virginia 23860, Hopewell, VA, 23860 (O,DISC,WC &,F2F) MEETING IN PERSON

**7 - 8 PM** Clean and Serene, Wesley United Methodist Church, 3701 Conduit Road, Colonial Heights, Virginia, 23834 (O,F2F,PPE)

## SATURDAY

### New Dominion Area

**6 - 7 PM** A New Way to Live, Hatcher Memorial Baptist Church, Meeting is upstairs, 2300 Dumbarton Rd, Henrico, VA, 23228 (O,VAR)

**6:30 - 7:30 PM** A Spiritual Connection, Bon Air United Methodist Church, New entrance! Use the Commons Sanctuary entrance., 1645 Buford Road, Richmond, VA, 23235 (O,DISC,WC &,F2F)

**7 - 8 PM** Another Look, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,F2F,LIT,BUS)

**7 - 8 PM** Hug Dealers, 1103 West Marshall Street, Richmond, VA, 23284 (O,WC &,F2F,BUS)

**8 - 9:15 PM** Clean Air, Richmond, VA, 23228 (O,DISC,IW,WC &,VM)

### Richmond Area

**9:30 - 11 AM** New Birth, Mount Moriah Baptist Church, 913 N. 1st Street, Richmond, VA, 23219 (O,DISC,BUS)

**NOON - 1:15 PM** R.A.W., Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,BT,DISC,IW,VAR,F2F,LIT,BUS)

**2 - 3:30 PM** Clean Connection, Downtown Richmond near VCU, Basement of the church, 1205 West Franklin Street, Richmond, VA, 23220 (O,VAR,F2F,BUS)

**3:30 - 4:30 PM** Hope On The Hill, Cedar Street Baptist Church, TLC Memorial Chapel entrance - 2nd Floor, 2301 Cedar Street, Richmond, Virginia, 23223 (NS,BUS)

**5 - 6:30 PM** Staying Clean, St. James Episcopal Parish, Basement for in-person, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,BUS)

### Tri-Cities Area

**10 - 11:30 AM** Wakeup Call To Recovery, 22 East Washington St., Petersburg, VA, 23803 (O,VAR,F2F,BUS,PPE)

**7:30 - 9 PM** Why Are We Here?, 22 E Washington Street, Petersburg, VA, 23803 (O,VAR,F2F,PPE)

### Service Meetings

**NDANA H&I — 2nd Sunday - 2 - 3:30 PM** - Hatcher Memorial Baptist Church - 2300 Dumbarton Road Richmond 23228

**NDANA PR — 2nd Sunday - 2:30 - 3:30 PM** - Hatcher Memorial Baptist Church - 2300 Dumbarton Rd. Richmond 23238

**NDANA Policy Subcommittee - First Tuesdays - 6 - 7 PM** Richmond 23227 (Only on First Tuesdays of the Month)

**New Dominion Area Service — 2nd Sunday; 3rd Sunday in May - 3:30 - 5 PM** - Hatcher Memorial Baptist Church - 2300 Dumbarton Road Richmond 23228

**RAACNA Monthly Meeting - 1st Mondays Only - 6 - 6:30 PM** Richmond 23232

**Richmond Area H&I Committee - 1st Sunday - 2 - 3 PM - Zoom** ID: 85675754613 Password: 2H&I Richmond

**Richmond Area H&I Committee - 4th Sunday - 1:30 - 3 PM -** Central United Methodist Church - 1213 Porter Street Richmond 23224

**Richmond Area Literature - 2nd Sunday - 3 - 4 PM -** Central United Methodist Church - 1211 Porter Street Richmond 23224

**Richmond Area Outreach Sub-committee, 2nd & 4th Monday - 6 - 7:30 PM** - Zoom Mtg ID:891-6472-0020 PW:Outreach Phone:1-929-205-6099 PW:491323 Richmond 23220

**Richmond Area Policy Committee - 2nd & 4th Tuesday - 6 - 7:30 PM** Richmond 23224

**Richmond Area Print Shop - 2nd Sunday - 3 - 4 PM -** Central United Methodist Church - 1211 Porter Street Richmond 23225

**Richmond Area Public Relations Committee - 1st Monday - 6 - 7:30 PM** - Meeting ID: 849 0794 3584 Password: PR Richmond 23220

**Richmond Area Service - 2nd Sundays - 3rd Sundays in Jan and May - 3 - 6 PM -** Central United Methodist Church - 1211 Porter Street Richmond 23224 (\*NO Loitering\*)

**Richmond Area Special Events Subcommittee, 1st & 3rd Saturday - 2 - 3:30 PM -** Central United Methodist Church - 1213 Porter Street Richmond 23224

**Tri Cities Area Service Meeting — 1st Sunday - 2 - 4 PM -** 3701 Conduit Road Colonial Heights 23834

**Unified Public Relations — 3rd Monday - 6 - 7:30 PM** Richmond 23220



## METRO RICHMOND COMMITTEE

### MEETING LIST

### FEBRUARY 2026

**RVANA.ORG**

**24hr Hotline: 804-965-1871**

**SUGGESTIONSFOREVERYONE**

**DON'T USE no matter what**

**Ask your Higher Power to keep you clean**

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS!**

Meetings Weekly: 136

### Meeting Format Legend

AB	Ask-It-Basket	Ag	Agnostic
BEG	Beginners	BT	Basic Text
BUS	Public Transportation	C	Closed
CAN	Candlelight	CC	ChildCare
CH	Closed Holidays	CPT	12 Concepts
CW	Children Welcome	DISC	Discussion
ENG	English speaking	F2F	Face 2 Face
GL	LGBT	IL	Illness
IW	It Works Study	JFT	Just for Today Study
LIT	Literature Study	M	Men
NP	No Pets	NS	No Smoking
O	Open	OE	Open-Ended
PPE	Masks Required	RA	Restricted Attendance
SAO	Service Animal Only	SMOK	Smoking
SPAD	Spiritual Principle A Day Book Study	SPK	Speaker
STEP	Step	TEMP	Temperature Check
TRAD	Tradition	Ti	Timer
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair