

SUNDAY

New Dominion Area

10 - 11:05 AM Riverside Recovery, Pony Pasture Parking Lot, Walk down trail. Left at third set of trash cans., Near 7300 Riverside Drive, Richmond, VA, 23225 (O,DISC,SMOK,F2F)

5 - 6 PM Find Your Tribe, Biltmore Baptist Church, Entrance on side of building, 1300 New York Avenue, Glen Allen, VA, 23060 (O,W,CC) *Womens meeting*

6 - 7 PM Outside the Walls, St. Paul's Episcopal Church, 8050 Saint Paul's Church Rd, Hanover, VA, 23069 (O,DISC,WC & ,PPE)

6 - 7 PM Sunday Hope, Hatcher Memorial Baptist Church, Two rooms; 25-person limit in each room, 2300 Dumbarton Rd, Richmond, VA, 23228 (O,DISC,WC & ,F2F)

7 - 8 PM Atheists Recover Too, Hatcher Memorial Baptist Church, Second-floor chapel; 25-person limit, 2300 Dumbarton Road, Richmond, VA, 23228 (O,VAR,WC & ,Ag,F2F,LIT)

7 - 8 PM H.O.W., St. Francis Medical Center, Assisi Room, Walk to the end of the hall, just left of the main lobby., 13700 St. Francis Boulevard, Midlothian, VA, 23114 (O,BT,JFT,VAR,STEP,WC & ,F2F)

7 - 8 PM Living Clean, Manakin Episcopal Church, 985 Huguenot Trail, Midlothian, VA, 23113 (O,STEP,WC & ,F2F,CC)

8 - 9 PM It Works: How and Why, Hibbs, Room 304, 900 Park Ave, Richmond, VA, 23284 (O,VAR,NS,SAO,BUS)

Richmond Area

9 - 10:30 AM Sunday Spiritual, The Healing Place, 700 Dinwiddie Avenue, Richmond, VA, 23224 (O,SPK,WC & ,BUS)

4:30 - 5:45 PM Hold On Pain Ends (HOPE), Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,VAR)

5:30 - 7 PM Atmosphere of Recovery, Bethlehem Baptist Church, Basement, 1920 Fairmount Avenue, Richmond, VA, 23223 (O,VAR)

7 - 8 PM New Beginning, Central United Methodist Church, 1213 Porter Street, Richmond, VA, 23224 (O,SPK,WC & ,F2F,BUS,PPE)

Tri-Cities Area

4:30 - 5:30 PM Surrender Now, 22 E WASHINGTON ST, Petersburg, VA, 23803 (O,VAR)

7 - 8 PM We Do Recover, Washington Street United Methodist Church, 22 East Washington Street, Petersburg, VA, 23803 (O,DISC,WC & ,PPE)

MONDAY

New Dominion Area

12:15 - 1:15 PM Not High Noon, M3 Church, 3300 Old Courthouse Road, Richmond, VA, 23236 (O,VAR,WC & ,F2F,SAO,NP)

5:30 - 6:30 PM Show Me How to Live, Parham Road Baptist Church, 2101 North Parham Road, Richmond, VA, 23229 (O,DISC,F2F,LIT)

6 - 7 PM MONA, Church of the Holy Comforter, Enter lodge through court yard., 4819 Monument Avenue, Richmond, VA, 23230 (O,M,WC & ,F2F,LIT,BUS)

7 - 8 PM Gratitude, Bon Air United Methodist Church, Fellowship hall. Use Door No. 2 on north side of building., 1645 Buford Road, Richmond, VA, 23235 (O,DISC,F2F)

7 - 8 PM Just Steppin', Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (C,DISC,WC & ,F2F)

7 - 8 PM Just for Today, Beulah Methodist Church, 6930 Hopkins Road, North Chesterfield, VA, 23234 (O,VAR,F2F)

8 - 9 PM Any Lengths, Richmond, VA, 23220 (O,VM,LIT)

8 - 9 PM M.F.S., Gayton Road Christian Church, Clubhouse, 12050 Ridgefield Parkway, Richmond, VA, 23233 (O,DISC,WC & ,F2F)

MONDAY (CONT)

Richmond Area

9 - 10:15 AM Keeping It Simple In The AM, Meeting ID:826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,VM,BUS)

9 - 10:15 AM Simple Basics, St. James Episcopal Church, 1205 West Franklin Street, Richmond, VA, 23220 (BEG,VAR)

NOON - 1:15 PM Growing in Recovery, Next to Vetlink, Corner of Belt Blvd. and Hull Street, Building 435 - Circle Plaza, Richmond, VA, 23224 (O,CH,SPK,WC & ,BUS)

6:30 - 7:45 PM Monday Reality, St. Phillips Episcopal Church, 2900 Hanes Avenue, Richmond, VA, 23222 (O,DISC,WC & ,BUS)

7:30 - 8:45 PM Open Minds, Atlee Church, 3121 Moss Side Avenue, Richmond, VA, 23222 (O,SPK,STEP,TRAD,WC & ,BUS)

Meeting on parking lot side

8 - 9 PM Long Haul, Unity of Richmond, Downstairs, 800 Blanton Street, Richmond, VA, 23221 (O,VAR,BUS)

Tri-Cities Area

NOON - 1 PM Mid-Day Hope, 22 East Washington St, Petersburg, VA, 23803 (O,DISC,VAR,F2F)

7 - 8 PM Last Hope, West End Baptist Church, 6506 Boydton Plank Rd, Dinwiddie, Virginia, 23803 (O,DISC,WC &)

TUESDAY

New Dominion Area

11:30 - 12:30 PM Clean Today, Henrico Area Mental Health & Developmental Services, Room 119, 3908 Nine Mile Road, Henrico, VA, 23223 (O,DISC,WC & ,BUS)

6 - 7 PM Basic Text Recovery, Church of the Holy Comforter, Enter lodge through court yard., 4819 Monument Avenue, Richmond, VA, 23230 (C,BT,WC & ,F2F,LIT)

6:30 - 7:30 PM Desire, Crista Community Church Fellowship Hall, 1012 W. Carolina Ave., Crewe, VA, 23930 (O,DISC,WC &)

6:30 - 7:30 PM Keeping the Faith, Manakin Episcopal Church, 985 Huguenot Trail, Midlothian, VA, 23113 (O,STEP,WC & ,F2F)

6:30 - 7:30 PM Recovery Rockstars, Sycamore Presbyterian Church, Room 27. Use main entrance., 510 Coalfield Road, Midlothian, VA, 23114 (O,BT,JFT,WC & ,F2F,LIT)

7 - 8 PM Moment of Clarity, Tomahawk Baptist Church, 12920 Hull Street Road, Midlothian, VA, 23112 (O,F2F,LIT)

7 - 8 PM No Strings Attached, Henrico Area Mental Health & Developmental Services, 10299 Woodman Road, Glen Allen, VA, 23260 (O,CH,VAR,WC & ,F2F)

7:30 - 8:30 PM Keep Coming Back, Church of the Epiphany, Education Wing, Room 122., 11000 Smoketree Drive, North Chesterfield, VA, 23236 (O,VAR,Ti,WC & ,F2F)

8 - 9 PM Fan Club/Winners Circle, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,VAR,F2F,BUS)

8 - 9 PM Veterans in Recovery, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (O,SPK,F2F)

Richmond Area

9 - 10:15 AM Keeping It Simple In The AM, Meeting ID: 826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,VM,BUS)

9 - 10:15 AM Simple Basics, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

NOON - 1:15 PM Easy Pace/Stepping Out, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,BT,VAR,BUS)

TUESDAY (CONT)

5:30 - 6:30 PM For The Newcomer - New Meeting, Fourth Baptist Church, 2800 P Street, Richmond, Virginia, 23223 (O,BUS)

5:30 - 7 PM More Will Be Revealed, Richmond, Virginia (O,IW,TC,VM,BUS)

6:30 - 7:45 PM Church Hill Group, Blessed Hope Baptist Church, 2311 Ford Avenue, Richmond, VA, 23223 (O,DISC,VAR,BUS,PPE)

Tri-Cities Area

6:30 - 7:30 PM End of the Road, Ivey Memorial United Methodist Church, 17120 Jefferson Davis Highway, Colonial Heights, VA, 23834 (O,BT,WC & ,F2F)

7 - 8 PM Why Are We Here?, 22 E Washington Street, Petersburg, VA, 23803 (O,VAR,F2F,PPE)

WEDNESDAY

New Dominion Area

6 - 7 PM A Simple Solution, Hanover Human Services Center, Room 154, behind building. Signs will be posted., 12304 Washington Highway, Ashland, VA, 23005 (O,CH,DISC,WC & ,F2F,LIT)

6:30 - 7:30 PM Another Chance, Grace Episcopal Church, 2955 River Road West, Goochland, VA, 23063 (O,DISC,F2F)

6:30 - 7:30 PM Strength in Diversity, Diversity Richmond, Meets in the classroom., 1407 Sherwood Avenue, Richmond, VA, 23220 (O,GL,VAR,BUS)

7 - 8:15 PM R.A.W., Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,BT,DISC,IW,VAR,F2F,LIT,BUS)

7 - 8 PM Spiritual Sisters, Bon Air United Methodist Church, Fellowship hall. Use Door No. 2 on north side of building., 1645 Buford Rd, Richmond, VA, 23235 (O,DISC,W,SPAD) *Womens meeting*

7 - 8 PM Vision without Limits, Shady Grove United Methodist Church, 4825 Pouncey Tract Road, Glen Allen, VA, 23059 (O,VAR,F2F)

7 - 8 PM Who Is An Addict?, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (O,WC & ,LIT)

7:30 - 8:30 PM Simplicity, Redeemer Lutheran Church, Use second-floor entrance., 9400 Redbridge Road, North Chesterfield, VA, 23236 (O,STEP,TRAD,WC & ,F2F,PPE)

8 - 9 PM Any Lengths, Richmond, VA, 23220 (O,VM,LIT)

8 - 9 PM Survivors Group, St. Mark's Episcopal Church, In Basement, 520 N. Arthur Ashe Blvd., Richmond, VA, 23220 (O,DISC,F2F) *New time and location*

Richmond Area

9 - 10:15 AM Keeping It Simple In The AM, Meeting ID: 826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,VM,BUS)

9 - 10:15 AM Simple Basics, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

NOON - 1:15 PM Growing in Recovery, Next to Vetlink, Corner of Belt Blvd. and Hull Street, Building 435 - Circle Plaza, Richmond, VA, 23224 (O,BEG,CH,STEP,WC & ,BUS)

3 - 4:15 PM In Times Of Illness, St. James Episcopal Chu5rch, Basement Entrance, 1205 West Franklin Street, Richmond, Virginia, 23220 (CH,IL,OE,F2F)

6 - 7 PM Freedom Group, Central United Methodist Church, 1213 Porter Street, Richmond, VA, 23224 (O,DISC,WC & ,RA,F2F,PPE,TEMP)

7 - 8 PM Never Alone - Virtual Meeting, Richmond, Virginia (O,DISC,WC & ,TC,VM,BUS)

WEDNESDAY (CONT)

Tri-Cities Area

NOON - 1 PM Mid-Day Hope, 22 East Washington St, Petersburg, VA, 23803 (O,DISC)

6 - 7 PM In the Solution, First Presbyterian Church (Basement), 1107 W. Broadway, Hopewell, Virginia, 23860 (O,DISC,WC & ,F2F) *Meeting in person*

7 - 8 PM Clean and Serene, Wesley United Methodist Church, 3701 Conduit Road, Colonial Heights, Virginia, 23834 (F2F,PPE)

THURSDAY

New Dominion Area

6 - 7 PM On Our Way, Hatcher Memorial Baptist Church, 2300 Dumbarton Road, Richmond, VA, 23228 (O,DISC,WC & ,LIT)

6:30 - 7:30 PM Serene Recovery, Corinth United Methodist Church, Room 102. Enter through rear door., 23 West Williamsburg Road, Sandston, VA, 23150 (O,F2F,BUS)

6:30 - 7:30 PM Serenity of Farmville, Farmville Presbyterian Church, 200 West Third Street, Farmville, VA, 23901 (O,DISC,F2F)

7 - 8 PM Crossroads, Bon Secours Short Pump Medical Plaza, First-floor community room, 12320 West Broad Street, Henrico, VA, 23233 (O,STEP,TRAD,WC & ,F2F,BUS)

7 - 8 PM Miracles Happen, Biltmore Baptist Church, 1300 New York Avenue, Glen Allen, VA, 23060 (O,DISC,NS,F2F)

7 - 8 PM Start Living, Wright's Chapel United Methodist Church, Park in back. Enter through red double doors., 8063 Ladysmith Road, Ruther Glen, VA, 22546 (O,DISC,F2F)

7:30 - 8:30 PM High Hopes, Cool Spring Baptist Church, 9283 Atlee Station Road, Mechanicsville, VA, 23116 (O,DISC,F2F,PPE)

7:30 - 8:30 PM Hope Fiends, Redeemer Lutheran Church, Use second-floor entrance., 9400 Redbridge Road, North Chesterfield, VA, 23236 (O,CAN,DISC,NS,F2F,PPE)

7:30 - 8:30 PM Let the Healing Begin, Westminster Presbyterian Church, 4103 Monument Avenue, Richmond, VA, 23230 (O,DISC,WC & ,F2F)

7:30 - 8:30 PM Together We Can, Chester Presbyterian Church, 3424 West Hundred Road, Chester, VA, 23831 (O,DISC,F2F,PPE)

8 - 9 PM Any Lengths, Richmond, VA, 23220 (O,VM,LIT)

8 - 9 PM Fan Club/Winners Circle, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,VAR,F2F,BUS)

Richmond Area

9 - 10:15 AM Keeping It Simple In The AM, Meeting ID: 826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,VM,BUS)

9 - 10:15 AM Simple Basics, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

NOON - 1:15 PM Easy Pace/Stepping Out, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,BT,DISC,VAR,BUS)

6:30 - 7:45 PM Positive Thinking, Ginter Park Presbyterian Church, 3601 Seminary Avenue, Richmond, Va, 23227 (O,DISC,WC &)

6:30 - 8 PM Shot of Hope, Lux Church, 22 East Leigh Street, Richmond, Va, 23219 (O,IW,STEP,TRAD,CPT,BUS)

8 - 9 PM White Flag, Walmsley United Methodist Church, 2950 Walmsley Boulevard, Richmond, VA, 23234 (O,DISC,WC &)

Tri-Cities Area

NOON - 1 PM Mid-Day Hope, 22 East Washington St, Petersburg, VA, 23803 (O,VAR)

THURSDAY (CONT)

7 - 8 PM We Do Recover, Washington Street United Methodist Church, 22 East Washington Street, Petersburg, VA, 23803 (O,WC &,LIT,PPE)

FRIDAY

New Dominion Area

5:30 - 6:30 PM Walking the Walk, Parham Road Baptist Church, 2101 North Parham Road, Henrico, VA, 23229 (O,LIT)

6 - 7 PM Back Door Group, Skipwith United Methodist Church, Go to the back door., 2211 Skipwith Road, Richmond, VA, 23294 (O,VAR,WC &,F2F)

7 - 8 PM Building Bridges, Mechanicsville United Methodist Church, 7356 Atlee Road, Mechanicsville, VA, 23111 (O,WC &,F2F,LIT)

7 - 8 PM Friday Night Alive, Northstar Community, 563 Southlake Boulevard, North Chesterfield, VA, 23236 (O,CW,JFT,VAR,SPK,WC &,F2F)

7 - 8 PM No Matter What, Hatcher Memorial Baptist Church, First floor, 2300 Dumbarton Road, Richmond, VA, 23228 (O,VAR,WC &,F2F)

7 - 8 PM We Do Recover in King William, Broadus Church - Hebron Campus, 3407 King William Road, Aylett, VA, 23009 (O)

8 - 9 PM Any Lengths, Richmond, Va, 23220 (VAR,SPK,AB,VM,LIT)

8 - 9 PM Courthouse Freedom, Central Baptist Church, Annex building., 1500 Courthouse Road, North Chesterfield, VA, 23236 (O,DISC,F2F)

8 - 9 PM I Can't, We Can, Westminster Presbyterian Church, 4103 Monument Avenue, Richmond, VA, 23230 (O,DISC,F2F,BUS)

Richmond Area

9 - 10:15 AM Keeping It Simple In The AM, Meeting ID: 826-6495-6954 PW: kis9am, Richmond, VA (O,BEG,DISC,SPK,VM,BUS)

9 - 10:15 AM Simple Basics, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,BEG,DISC,BUS)

NOON - 1:15 PM Growing in Recovery, Next to Vetlink, Corner of Belt Blvd. and Hull Street, Building 435 - Circle Plaza, Richmond, VA, 23224 (O,CH,JFT,WC &,BUS)

6 - 7:30 PM Clean and Serene, Central United Methodist Church, 1213 Porter Street, Richmond, VA, 23224 (C,O,VAR,F2F,BUS,PPE)

6 - 7:15 PM East End Men's Rap - Mens Meeting, Health Brigade Building, Enter building in the rear, meeting downstairs, 1010 North Thompson Street, Richmond, VA, 23230 (O,DISC,M,WC &)

7:30 - 8:45 PM Good Orderly Direction, St. Thomas' Episcopal Church (Enter through Parish Hall, on Walton Ave side), 3602 Hawthorne Avenue, Richmond, VA, 23222 (O,VAR)

9 - 10:30 PM Rainbow's End, Unity Church, 800 Blanton Ave, NW, Richmond, VA, 23220 (O,GL,VAR,BUS)

Tri-Cities Area

6 - 7 PM In the Solution, First Presbyterian Church (Basement), 1107 W. Broadway Hopewell, Virginia 23860, Hopewell, VA, 23860 (O,DISC,WC &,F2F) *MEETING IN PERSON*

7 - 8 PM Clean and Serene, Wesley United Methodist Church, 3701 Conduit Road, Colonial Heights, Virginia, 23834 (O,F2F,PPE)

SATURDAY

New Dominion Area

10 - 11 AM New Connection, Robious Landing Park, Picnic shelter, 3800 James River Road, Midlothian, VA, 23113 (O,DISC,SMOK,F2F)

SATURDAY (CONT)

NOON - 1:15 PM R.A.W., Second Floor Serenity, 6020 Midlothian Turnpike, Richmond, VA, 23225 (O,BT,DISC,IW,VAR,F2F,LIT,BUS)

6 - 7 PM A New Way to Live, Hatcher Memorial Baptist Church, 2300 Dumbarton Rd, Henrico, VA, 23228 (O,VAR)

6:30 - 7:30 PM A Spiritual Connection, Bon Air United Methodist Church, Fellowship hall. Use Door No. 2 on north side of building., 1645 Buford Road, Richmond, VA, 23235 (O,DISC,WC &,F2F)

7 - 8 PM Another Look, St. James's Episcopal Parish House, Basement, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,F2F,LIT,BUS)

7 - 8 PM Hug Dealers, RVA Light, 504 West Broad Street, Richmond, VA, 23220 (O,WC &,F2F,BUS)

8 - 9:15 PM Clean Air, Richmond, VA, 23228 (O,DISC,IW,WC &,VM)

Richmond Area

9 - 10:30 AM New Birth, Healing Place, 700 Dinwiddie Avenue, Richmond, VA, 23224 (O,DISC,BUS)

NOON - 1:15 PM Growing In Recovery, Next to Vetlink, Bldg 435 - Circle Plaza, Corner of Belt Blvd and Hull St., Richmond, Virginia, 23224 (O,CH,SPK,WC &,BUS)

2 - 3:30 PM Clean Connection, Downtown Richmond near VCU, Basement of the church, 1205 West Franklin Street, Richmond, VA, 23220 (O,VAR,F2F,BUS)

5 - 6:30 PM Staying Clean, St. James Episcopal Parish, Basement for in-person, 1205 West Franklin Street, Richmond, VA, 23220 (O,DISC,BUS)

5 - 6 PM Staying Clean Together, Richmond, VA, 23220 (O,DISC,VM,BUS)

6 - 7:15 PM Hope On The Hill - Starts Sept. 23rd - New Meeting, Cedar Street Baptist Church, Dr. Talisha Chandler Memorial Chapel, 2301 Cedar Street, Richmond, Virginia, 23223 (NS,BUS)

Tri-Cities Area

10 - 11:30 AM Wakeup Call To Recovery, 22 East Washington St., Petersburg, VA, 23803 (O,VAR,F2F,BUS,PPE)

7:30 - 9 PM Why Are We Here?, 22 E Washington Street, Petersburg, VA, 23803 (O,VAR,F2F,PPE)

Service Meetings

AVCNA Planning Meeting — 3rd Saturday - 10 - NOON - Hatcher Memorial Baptist Church - 2300 Dumbarton Rd. Richmond 23238

NDANA H&I — 2nd Sunday - 2 - 3:30 PM - Hatcher Memorial Baptist Church - 2300 Dumbarton Road Richmond 23228

NDANA PR — 2nd Sunday - 2:30 - 3:30 PM - Hatcher Memorial Baptist Church - 2300 Dumbarton Rd. Richmond 23238

New Dominion Area Service — 2nd Sunday; 3rd Sunday in May - 3:30 - 5 PM - Hatcher Memorial Baptist Church - 2300 Dumbarton Road Richmond 23228

RAACNA Monthly Meeting - 1st Mondays Only - 6 - 6:30 PM - Open Forum Richmond

Richmond Area H&I Committee - 2nd Sunday - 1 - 2 PM - Zoom ID: 85675754613 Password: 2H&I Richmond

Richmond Area H&I Committee - 4th Sunday - 1:30 - 3 PM - Central United Methodist Church - 1213 Porter Street Richmond 23224

Richmond Area Literature - 2nd Sunday - 3 - 4 PM - Central United Methodist Church - 1211 Porter Street Richmond 23224

Richmond Area Outreach Sub-committee, 2nd & 4th Monday - 6 - 7:30 PM - Zoom Mtg ID:891-6472-0020 PW:Outreach Phone:1-929-205-6099 PW:491323 Richmond 23220

Richmond Area Policy Committee - 2nd & 4th Thursday - 6 - 7:30 PM - Central United Methodist Church - 1211 Porter Street Richmond 23224

Richmond Area Print Shop - 2nd Sunday - 3 - 4 PM - Central United Methodist Church - 1211 Porter Street Richmond 23225

Richmond Area Public Relations Committee - 1st Monday - 6 - 7:30 PM - Meeting ID: 849 0794 3584 Password: PR Richmond 23220

Richmond Area Service - 2nd Sundays - 3rd Sundays in Jan and May - 3 - 6 PM - Central United Methodist Church - 1211 Porter Street Richmond 23224

Richmond Area Special Events Subcommittee, 1st & 3rd Sunday - 2 - 3:30 PM - Central United Methodist Church - 1213 Porter Street Richmond 23224

Tri Cities Area Service Meeting — 1st Sunday - 2 - 4 PM - 3701 Conduit Road Colonial Heights 23834

Unified Public Relations — 3rd Monday - 6 - 7:30 PM Richmond 23220 (Meeting ID: 849 0794 3584 Password: PR)



METRO RICHMOND COMMITTEE

MEETING LIST

OCTOBER 2023

RVANA.ORG

24hr Hotline: 804-965-1871

SUGGESTIONSFOREVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS!

Meetings Weekly: 136

Meeting Format Legend

AB	Ask-It-Basket	Ag	Agnostic
BEG	Beginners	BT	Basic Text
BUS	Public Transportation	C	Closed
CAN	Candlelight	CC	ChildCare
CH	Closed Holidays	CPT	12 Concepts
CW	Children Welcome	DISC	Discussion
F2F	Face 2 Face	GL	LGBT
IL	Illness	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
M	Men	NP	No Pets
NS	No Smoking	O	Open
OE	Open-Ended	PPE	Masks Required
RA	Restricted Attendance	SAO	Service Animal Only
SMOK	Smoking	SPAD	Spiritual Principle A Day Book Study
SPK	Speaker	STEP	Step
TC	Temporary Closed	TEMP	Temperature Check
TRAD	Tradition	Ti	Timer
VAR	Format Varies	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair